



# Kathryn L. Steffen

ASSOCIATE

Kate is an Associate in the Health Care group where she provides transactional, regulatory, and compliance counseling to a variety of health care providers and industry stakeholders.



## Industries

[Health Care](#)  
[Long Term Care & Senior Living](#)

## Education

Pennsylvania State University Dickinson School of Law, JD, 2014  
Washington & Jefferson College, BA, magna cum laude, 2011

## Offices

[Washington, DC](#)

## Phone

[202.715.8480](#)

## Email

[kathryn.steffen@afslaw.com](mailto:kathryn.steffen@afslaw.com)

Kate represents providers, real estate investment trusts, private equity investors, and other stakeholders on transactional and regulatory matters involving the senior housing industry. Kate advises clients throughout all phases of health care transactions, including structuring deals in compliance with federal and state laws, conducting corporate and regulatory due diligence, negotiating transaction and financing documents, obtaining licensure, and enrolling in the Medicare and Medicaid programs. Kate also regularly counsels clients on the development and operation of senior housing properties and other business lines.

Additionally, Kate has experience assisting health care providers and nonprofit organizations with new entity formation, corporate structuring and restructuring, strategic affiliations, federal tax exemption recognition and compliance, and corporate governance matters.

## Previous Work

Prior to joining ArentFox Schiff, Kate was an associate at a Pennsylvania-based law firm with a robust health care practice. Kate was a member of the firm's Health Care and Corporate/Transactional practice groups.

## Publications, Presentations & Recognitions

### Publications

- [Speak Now or Forever Hold Your Peace: CMS Requests Provider Input on Relaxing Stark Law with Focus on Care Coordination](#), *Health Care Counsel Blog*, June 27, 2018
- [Making Stark Self-Disclosures in 2017](#), *BNA's Health Law Reporter*, May 4, 2017

### Recognitions

Kate was recognized in the 2024 Edition of Best Lawyers: Ones to Watch.

---

## **Bar Admissions**

[District of Columbia](#)

[Pennsylvania](#)

[New Jersey](#)